

Statement of participation

Muhammad Farid Wajdi Makkulau

has completed the free course including any mandatory tests for:

Coaching neurodivergent athletes

This free 8-hour course explored working with neurodivergent athletes in sport and fitness.

Issue date: 25 November 2025



www.open.edu/openlearn

This statement does not imply the award of credit points nor the conferment of a University Qualification.
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/health-sports-psychology/coaching-neurodivergent-athletes/content-section-overview>

COURSE CODE: **CNDA_1**

Coaching neurodivergent athletes

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Course summary

This course is designed to improve the knowledge and understanding for anyone working with neurodivergent athletes in sport and exercise settings or with an interest in coaching neurodiverse athletes. Within the sport and exercise sector this may include those in coaching roles, as well as fitness instructors, personal trainers and wider exercise professionals. Throughout this course when referring to neurodivergent athletes this will include athletes who may not be aware of a condition.

Learning outcomes

By completing this course, the learner should be able to:

- define neurodiversity and explain why it is significant in a sporting context
- describe different neurodiverse conditions and their potential impact on athletes
- consider how coaching practices can be tailored to meet the specific needs of neurodiverse athletes.

Completed study

The learner has completed the following:

Week 1

What is neurodiversity?

Week 2

Neurodiversity in sport and exercise: an athlete's voice

Week 3

Neurodiversity in sport and exercise: the family's voice

Week 4

Supporting athletes in practice: creating a safe environment