

Statement of participation

Muhammad Farid Wajdi Makkulau

has completed the free course including any mandatory tests for:

Introducing ageing

This 11-hour free course explored current issues in the study of ageing, in particular questioning whether living longer should be seen as a problem.

Issue date: 15 October 2025



www.open.edu/openlearn

This statement does not imply the award of credit points nor the conferment of a University Qualification.
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/health-sports-psychology/introducing-ageing/content-section-0>

COURSE CODE: **K118_1**

Introducing ageing

<https://www.open.edu/openlearn/health-sports-psychology/introducing-ageing/content-section-0>

Course summary

Everyone is ageing, whatever their current age, and we live in a world where many people are living much longer than previous generations. This is often seen as a problem. But is it? This free course, Introducing ageing, will help you to think about this issue by introducing you to some key ideas in studying later life.

Learning outcomes

By completing this course, the learner should be able to:

- demonstrate knowledge and understanding of current issues in ageing and later life
- reflect on experiences of ageing and later life
- analyse case studies of care situations, drawing out their wider relevance to concepts and ideas
- demonstrate developed literacy, numeracy, and digital and information literacy skills.

Completed study

The learner has completed the following:

Section 1

Thinking about your own ageing

Section 2

Introducing Monty Meth

Section 3

Introducing 'the Third Age'

Section 4

The Third Age and population changes

Section 5

What about the Fourth Age?

Section 6

Reflecting on the Third and Fourth Ages